

2024 NEAFCS Annual Session

Tucson, Arizona

AGENDA

(Updated 6/20/2024. This document is a working document and subject to change.)

SUNDAY, SEPTEMBER 15, 2024

4:00 PM - 6:00 PM

Registration/Silent Auction Drop Off

MONDAY, SEPTEMBER 16, 2024

7:00 AM - 5:00 PM

Registration/Silent Auction Drop-off

8:00 AM - 11:00 AM

Pre-Conference Workshops – *continental breakfast provided starting at 7 AM.*

(separate registration required)

Artificial Intelligence: An Introduction for Extension Professionals

Presenter: Brock Turner, MPH, MS, CHES, CPT, Extension Educator, Health and Human Science, Purdue Extension, Tippecanoe County

This pre-conference workshop provides a balanced mix of theory, practical applications, and ethical considerations, catering to Extension education professionals with varying levels of Artificial Intelligence knowledge. It encourages interaction and hands-on experiences with Large Language Models and creation tools to ensure participants leave with a basic understanding of AI's relevance to their work and the resources to explore it further. This workshop will be created with conscious knowledge and ability to adapt the workshop to meet evolving AI trends.

Please bring a laptop to get the most out of this session.

Learning Objectives:

- Participants will explore the practical applications and ethical considerations associated with the use of AI.
- Participants will engage in hands-on learning by practicing with AI sites.
- Participants will gain a basic understanding of how AI can be used as a resource for their work.

Data Without Surveys: Alternative Ways to Gather Input and Information

Presenter: The Community Research, Evaluation & Development team, University of Arizona

Extension professionals are expected to evaluate their programs and conduct needs assessments to understand their communities. Surveys are a popular way of accomplishing these goals, but they are not ideal in all situations, and people are given a lot of surveys. This half-day workshop will present ways of gathering data without sending yet another survey. Attendees will learn by doing in this interactive workshop, in which presenters will highlight alternative ways to collect data from a range of participants, including children and youth.

Presenters will then walk attendees through the process of digitizing, cleaning, analyzing, and visualizing these data for use in presentations and reports.

Please bring a laptop to get the most out of this session.

Learning Objectives

- Participants will discuss situations in which alternatives to surveys are most useful.
- Participants will explore ways of gathering data from different types of audiences without using surveys.
- Participants will learn by doing in this interactive workshop as they undertake the process of digitizing, cleaning, analyzing, and visualizing these kinds data for use in presentations and reports.

Financial Literacy Education: Take Charge Today!

Presenters: Robin Palmer, National Master Educator/Marketing Specialist, Take Charge Today/University of Arizona

Take Charge Today is a personal finance program and curriculum for middle to high school students with a decision-based approach to personal finance, adaptable for adult audiences. Participants in this pre-conference workshop will be able to access and be prepared to deliver more than 75 lesson plans designed, tested, and edited in collaboration with university researchers, financial industry experts and master educators. Take Charge Today provides a consistent framework for thinking through financial choices in order to improve well-being. Lesson plans are based on the multiple intelligences model and active learning theories. The materials offer maximum flexibility and can be taught sequentially as a complete personal finance course or as modular components that can be easily inserted into other courses. Ongoing professional development opportunities to help educators develop the skills and confidence to teach financial education are available. Offerings include webinars, a video library, Take Charge Today Newsletters, social media, and educator trainings.

Learning Objectives:

- Participants will become familiar with the Take Charge Today personal finance online lessons for middle and high school students.
- Participants will gain understanding of personal finance lessons by being actively engaged in the lessons that incorporate a multiple intelligences model and active learning theories.
- Participants will explore ways to adapt personal finance lessons to their audiences.

1:00 PM –2:15 PM

First Timer Orientation

This meeting is open to first time Annual Session attendees only. Food/lunch will not be provided.

2:15 PM – 3:15 PM

Affiliate Officer Meetings

These meetings are open to Affiliate Officers and/or delegated representatives for all positions.

1:45 PM – 3:45 PM

Desert Museum Animal Display

Open to all attendees.

3:30 PM - 6:00 PM

Opening General Session

Grassroots Engagement and Social Justice through Cooperative Extension

Presenter: Dr. Nia Imani Fields

This discussion will explore concepts and practices that foster culturally relevant and equitable Extension programs. Dr. Fields will introduce her new book, *Grassroots Engagement and Social Justice through Cooperative Extension*. This book grew out of a commitment to the belief that Cooperative Extension professionals can and should be deeply engaged with the communities they work in to improve life—individually and collectively. Rooted in an understanding of the history and development of Extension, this book focuses on contemporary efforts to address systemic inequities. The chapters highlight Extension’s role in and responsibility for culturally relevant community education that is rooted in democratic practices and social justice. The ultimate aim of this book and discussion is to offer a vision for the future of Extension as we continue to reach for the cultural competences necessary to address issues of systemic injustice in the communities we serve and of which we are a part.

Participants will:

- Explore concepts and practices that foster culturally relevant and equitable Extension programs.
- Discuss a vision for the future of Extension which includes addressing issues of systemic injustice in the communities we serve.
- Learn the historical context of the land grant system and present-day examples of grassroots engagement.

6:00 PM - 8:00 PM

Welcome Event - JW Marriott Starr Pass

This event is open to all full registered attendees and those that purchased the Welcome Event ticket. Dinner will be provided.

Hoop dancing, mariachi music, cowboy poetry, Navajo rug weaving and silversmithing are just a few of Arizona’s cultural highlights “Under One Sky” at this year’s Welcome Event on September 16th. Watch the Supermoon rise as we enjoy a wide variety of Mexican food and entertainment at Starr Pass in the Tucson Mountains. Top off the evening under the stars with yummy Empanadas and Tres Leches.

TUESDAY, SEPTEMBER 17, 2024

SCHOOL PRIDE DAY! Wear your school shirt or colors.

7:00 AM - 4:00 PM

Registration/Silent Auction Drop-off

8:00 AM – 12:00 PM

In-Depth Sessions

Separate registration required.

12:30 PM - 2:30 PM

Regional Business Meeting & Awards Luncheon

2:45 PM – 4:45 PM

Life Member Meeting

2:45 PM – 5:30 PM

FCS Program Leaders Meeting – Day 1
(*separate registration required*)

2:45 PM - 3:30 PM

Concurrent Sessions

Developing an Innovative Curriculum to Increase Confidence in Youth Innovation in Programming Award

Track: 4-H and Youth Development

Presenter(s): *Lisa Schainker, Christina Pay, Melanie Dabb, Eva Timothy, Cindy Jenkins, Andrea Schmutz, Jared Hawkins, Sadie Wilde*

State: UT

The Confidence Project team has taken an innovative approach to helping youth develop self-esteem, self-confidence, and resilience and continues to adapt and expand learning content into a variety of formats to reach broader audiences and respond to emerging needs.

From Awareness to Action: The Role of Ouch! in Breaking Stereotypes Program Excellence Through Research Award

Track: Education, Leadership, and Diversity

Presenter(s): *Christina Edholm, Amber Allen, Brianna Anderson, Kyleigh Brown, Kathy Dothage, Katie Pemberton*

State: MO

Field specialists implemented Ouch! That Stereotype Hurts in community health and youth recreational organizations. This study provides a roadmap for enhancing positive communication, fostering intercultural awareness, and strengthening interpersonal connections.

Fostering Belonging in Extension Programming

Track: Committee

Presenter(s): *Diversity Committee*

State: multi-state

This interactive discussion aims to equip Extension professionals and volunteers with the knowledge, skills, and resources to create inclusive and welcoming environments where all participants feel a sense of belonging.

Leveraging FCS Extension Education to Address the Overdose Epidemic

Track: Health and Well-being

Presenter(s): *Nichole Huff, Alex Elswick, Kelly May, Leslie Workman, Omolola Adedokun, Jennifer Hunter*

State: KY

This session introduces the FCS-Extension program, PROFIT: Promoting Recovery Online through Financial Instruction & addiction Training, designed to increase professional capacity on substance misuse and the impacts of financial stress.

Captain Cash: Teaching Basic Personal Financial Concepts to Third Graders

Track: Financial Health and Capability

Presenter(s): *Naomi Bechtold, Lori Bouslog, Danielle Scott, Jane Horner, Annetta Jones, Amanda Nielsen, Pandora Taylor, Brittney Schori, Diana Stone*

State: IN

Captain Cash is an exceptionally successful four session interactive program that teaches students how to Earn, Save, Spend, and Borrow. Learn how you can bring this program to your state!

Healthy Meals for Busy Families

Track: Food and Nutrition

Presenter(s): *Gretchen Manker, Siew Guan Lee, Grace Wittman*

State: ID

Healthy Meals for Busy Families is an interactive program that promotes health and wellness through lessons on time-saving methods to plan and prepare healthy affordable meals at home.

Extension Public Health AmeriCorps-Building the Next Generation of Public Health Leaders

Track: Economic and Workforce Development

Presenter(s): *Emilee Drerup, Pat Bebo, Susan Zies, Daniel Remley, Patrice Powers-Barker, Amanda Bohlen, Nicole Debose*

State: OH

The Extension Public Health AmeriCorps program supports the recruitment, training, and development of public health leaders who will be ready to respond to the nation's public health needs.

Using our Trusted Voice: How Cooperative Extension Can Show Up for Behavioral Health

Track: Health and Well-being (Descriptors: health: emotional, mental, physical; substance use)

Presenter(s): *Barbara Brody, Allison Myers, Nicole Breuner, Abbey Martin, Dusti Linnell, Sandi Phibbs*

State: OR

Successes and lessons related to how Extension professionals in Oregon have leveraged their expertise and trusted voices to address behavioral health challenges in rural and frontier areas, with community-driven approaches.

3:45 PM - 4:30 PM

Concurrent Sessions

**The UT Kitchen Divas: Bringing People Together While Cooking Apart... Over Zoom
Social Media Education Award**

Track: Technology

Presenter(s): *Z. Tennille Short, Sarah Poole, Rebecca Seratt, Joy Powell*

State: TN

The UT Kitchen Divas spread their recipes and grow their audiences across Tennessee with their brand of humor and their love for making things easy in the kitchen.

Mary W. Wells Diversity Award – Regional Winners Co-Presentation

Track: Education, Leadership, and Diversity

Educational Programs for Afghan Families in Collaboration with Stillwater Public School

Presenter(s): *Dea Rash, Trinity Brown*

State: OK

The financial education program with Afghan families was developed to help educate relocated families on budgeting and they also learned about blackberry farming and STEM home food preservation.

Create Better Health Refugee Adaptations

Presenter(s): *Lea Palmer, Heidi LeBlanc, Kristi Strongo, Habiba Nur, Melanie Jewkes, Jenna Dyckman, LaCee Jimenez*

State: UT

The Create Better Health for Refugees program is a comprehensive SNAP-Ed program dedicated to providing culturally driven nutrition education and improved food access to the diverse Refugee groups throughout Utah.

From Idea to Publication: A Roadmap for Journal Submission Success

Track: Committee

Presenter(s): *Rebecca Hardeman, Ashley Dixon-Kleiber, Meagan Salomon, Brittany Martin*

Navigate the journey from idea to publication with confidence! Join our workshop for insights on submitting manuscripts to the Journal of the National Extension Association of Family and Consumer Sciences.

Getting the Gorge Smoke Ready: Improving Community Readiness and Response for Wildfire Smoke Events

Track: Environmental Health and Sustainability

Presenter(s): *Lauren Kraemer, Grace Wesson*

State: OR

Wildfires, smoke, and resulting poor health outcomes have increased dramatically in recent years. Extension is leading efforts to improve community readiness for future smoke events through systems-based outreach and engagement.

Empowering Women in the Outdoors: Breaking Barriers and Building Confidence

Track: Health and Well-being

Presenter(s): *Andrea Schmutz, Cindy Nelson*

State: UT

The Becoming an Outdoors-Woman initiative tackles women's health disparities by empowering them with outdoor skills, fostering social connections, and addressing mental health. Impactful events break barriers, providing transformative experiences for women

Enhancing Mobility and Minimizing Pain: The Impact of Evidence-Based Exercise Programs for Arthritis Management

Track: Health and Well-being

Presenter(s): *Lydia Hoskins, Susan Conner*

State: TN

Arthritis is related to poor HRQoL in adults. Participating in an Arthritis exercise program is effective for improving managing pain, increasing physical activity, and performing ADLs with less discomfort.

PLAZA Mobile Market: Bringing Local Produce to the Community

Track: Food and Nutrition

Presenter(s): *Jennifer Parlin, Meredith Glaubach, Evelyn Whitmer*

State: AZ

In areas with high rates of nutrition insecurity, lack of local produce markets, and local farmers in need of financial security, mobile markets can help to transform communities.

Your Feelings Matter: 4-H and Social-Emotional Learning

Track: 4-H and Youth Development

Presenter(s): *Jami Dellifield, Amanda Raines*

State: OH

Looking for a resource to help you with Social-Emotional Learning (SEL) programming? The authors of the nationally peer-reviewed 4-H project book *Your Feelings Matter* will share strategies for implementation.

Dementia Friends: Turning Understanding into Action

Track: Lifespan Development and Family Relationships

Presenter(s): *Leslie Branch, Leslee Blanch, Tasha Howard, Laura Sant, Bridget Morrisroe, Kathee Tiff, Kirstin Jensen*

State: ID

Dementia Friends is a program designed to help community members learn about and understand the experience of someone living with dementia and turn that understanding into action.

Fostering Equity: Staff Development for Inclusive Youth Programming

Track: Education, Leadership, and Diversity

Presenter(s): *Tina Edholm*

State: MO

Cultivating inclusive recreational programs is essential to youth development. Gain insights into effectively delivering a diversity program to professionals in parks and recreation, emphasizing partnership dynamics, methods, and outcomes.

On the Move Junior Promotes Improved Nutrition and Fitness Among Children

Track: Health and Well-being

Presenter(s): *Julie Garden-Robinson*

State: ND

The "On the Move Junior" curriculum promoted positive nutrition and fitness behavior changes among children in second grade classrooms according to the children, their parents, and teachers

4:45 PM - 5:30 PM

Concurrent Sessions

UGA Extension and Family Connection: a Fantastic Duo Benefitting Stewart County Community Partnership Award

Track: Economic and Workforce Development

Presenter(s): *Christina Garner*

State: GA

UGA Extension and Family Connection partner to bring much needed resources to rural Stewart County including the development of a Community Center.

The Montana State University Extension Alzheimer's Storybook Program (NEAFCS Endowment Grant Recipient)

Track: Health & Well-being

Presenter(s): *Marsha Goetting, Jennifer Munter*

State: MT

Using storybooks to teach and provide emotional support to children about Alzheimer's will be introduced. Resources will be shared to enable Extension agents to offer this program to their families. NEAFCS Endowment-funded project.

Invasion of the Data Snatchers: Minimizing Bot Attacks to Maximize Online Survey Integrity

Track: Skill-based

Presenter(s): *Katherine Speirs, Hope Wilson, Margine Bawden, Rosie Stewart, Stephanie Grutzmacher, Rachel Leih, Reason Meyer*

State: AZ

Online surveys are frequently used by Extension professionals and vulnerable to bots that submit large numbers of fraudulent responses. Detailed strategies for preventing and addressing bots will be presented.

Enhancing Extension Program Exposure for Rural Communities Through Podcasting and other Forms of Media

Track: Technology

Presenter(s): *Kristin Riggsbee, Tennille Short, Sarah Poole, Crystal Blankenship, Meagan Brown, Casey Roberts, Cris Miramontes, Joel Clark, Janet Fox*

State: TN

This program highlights podcasting as a means of outreach and engagement with Extension clientele, focused on one state's grass-roots approach to creating a diverse conversation around FCS topics.

Empowering Lives: The Diabetes Cook Along Program – A Recipe for Successful Diabetes Self-Management

Track: Health and Well-being

Presenter(s): *April Litchford, Jenna Dyckman, Carrie Durward*

State: UT

The Diabetes Cook Along program is designed to teach diabetes self-management skills using interactive activities (i.e., cooking meals) to promote sustainable behavior change and improve diabetes symptom management.

Serving the Early Childhood Workforce: Multi-County Focus Groups to Inform Statewide Response

Track: Lifespan Development and Family Relationships

Presenter(s): *Patricia Carroll, Lindsay Weymouth Olson, Sarah Braaten, Carol Bralich, Hannah Zellmer, Anne Clarkson*

State: WI

A statewide assessment aimed at improving early childhood teacher continuing education, using data to be strategic and intentional to best meet the needs of teachers, children and families.

Food Safety Education for Food Pantry Workers

Track: Food and Nutrition

Presenter(s): *Ann Hamilton*

State: NH

Reaching food pantry workers with online food safety education by working with the statewide Food Bank. Participants will learn about organizing and presenting the program, presentation ideas, and evaluation.

Digital Financial Inclusion: A Gateway to Financial Resilience

Track: Financial Health and Capability

Presenter(s): *Troy Anderson, Deon Little, Michael Elonge, Crystal Terhune, Suzanne Cooke, Jesse Ketterman, Catherine Sorenson, Dorothy Nuckols*

State: MD

Are underserved families ready to adapt to digital financial inclusion? Learn findings from an engagement survey conducted in a rural county focused on affordability, access, and the implications for Extension.

Piloting a Statewide Health and Wellness Initiative: Marathon Kids

Track: Health and Well-being

Presenter(s): *Emma Parkhurst, Cindy Nelson, Shannon Cromwell, Eva Timothy, Sadie Wilde*

State: UT

Marathon Kids is an evidence-based program that promotes physical activity and engages youth of all abilities in positive, goal-driven challenges. Faculty completed training as "coaches" and implemented the program statewide.

Drug Treatment Court Educational Programming: An Extension Partnership

Track: Health and Well-being

Presenter(s): *Jeremiah Terrell, Carrie Elsen*

State: MO

Experience how the Role of Extension can enhance the impact of Drug Treatment Court Models. Learn how to partner with the Justice System to address the needs of substance use.

Bridging Gaps and Getting a Seat at the Collaboration Table

Track: Education, Leadership, and Diversity

Presenter(s): *Beth Shepherd*

State: FL

To stay relevant in these changing times, Extension needs to be "at the table, stay at the table, and thrive at the table.

5:30 PM

State Photos

Location TBD. Sign-up will be available at a later date.

6:00 PM - 8:00 PM

Exhibitor Set-up/Silent Auction Set-up/Showcase of Excellence Poster Set-up

6:00 PM

State's Night Out

WEDNESDAY, SEPTEMBER 18, 2024

7:00 AM – 10:00 AM

Silent Auction Drop-off

7:00 AM – 11:00 AM

Exhibitor Set-up/Silent Auction Set-up/Showcase of Excellence Poster Set-up

7:00 AM - 4:00 PM

Registration Open

8:00 AM – 2:00 PM

Marketplace

8:00 AM – 4:00 PM

Program Leaders Meeting - Day 2

(separate registration required)

8:00 AM - 8:45 AM

Concurrent Sessions

An Amish Auction Barn and Lifelong Learning Come Together Under One Sky

Mary W. Wells Memorial Diversity Award

Track: Education, Leadership, and Diversity

Presenter(s): *Candace Heer*

State: OH

Fostering a strong relationship by addressing food safety and home food preservation at a health and safety event for Amish this pluralistic society is engaging in lifelong learning.

The Good, the Bad and the Ugly of a Lifestyle Change Program

Track: Health and Well-being

Presenter(s): *Soghra Jarvandi, Starla Hardin, Lydia Hoskins, Rachel Dean, Elizabeth Renfro, Annette Cole*

State: TN

Diabetes is a critical public health problem. In this session, participants will learn strategies for successfully implementing the CDC-recognized diabetes prevention lifestyle change program in their community.

Employing AmeriCorps to Deliver Cooperative Extension Programming Across Disciplines

Track: Trending Topics

Presenter(s): *Dan McDonald, Christina Lipin, Deborah Curley, Cindy Pearson*

State: AZ

This presentation will show how Cooperative Extension programming across disciplines can leverage the use of AmeriCorps members to augment statewide outreach and contribute to increased school readiness of young children.

Nurturing Children by Engaging Fathers in Early Childhood Programming: How and Why Family and Consumer Sciences Should Take Interest.

Track: Lifespan Development and Family Relationships

Presenter(s): *Marie Economos, Heather Reister, Sandra Slater, Patrice Powers-Barker*

State: OH

Come learn strategies and leave with a training for early childhood educators that creates a father-friendly classroom that builds on the keys to success for the child, father, and family.

Extension programs can improve recovery outcomes in women and families with substance use

Track: Health and Well-being

Presenter(s): *Anne Lindsay, Macy Helm*

State: NV

This session will help Extension professionals recognize and prioritize health-related and psychosocial concerns that help reduce the risk of substance use and reoccurrence, especially in women with families.

Delivering an Effective Suicide Prevention Program - Question, Persuade, Refer (QPR)

Track: Health and Well-being

Presenter(s): *Chi Catalone, Jacqueline Amor-Zitzelberger, Sonya Nace, Rozalia Horvath*

State: PA

Explore how the evidence-based suicide prevention program QPR enhances participants' knowledge and confidence to assist in crisis situations. Discover strategies for implementing this curriculum to empower your communities.

Connecting the Community with just one App

Track: Food and Nutrition

Presenter(s): *Sybil Peters*

State: AZ

Pinal Healthy & Active is an easy-to-use wellness tool that helps communities improve health outcomes. This engaging, low-code app connects people to parks, fresh food, family-friendly events, recipes, and activities.

University of Georgia Extension Prepares for Emergencies

Track: Environmental Health and Sustainability

Presenter(s): *Susan Moore, Maria Bowie, Pamela Turner, Virginia Brown, Allison Eaddy, Keishon Thomas, Mitzi Parker, Robert Obiekwe, Angelica Bridges, Victoria Presnal*

State: GA

University of Georgia Extension implemented a small team's approach to enhance our emergency preparedness capacity while ensuring our staff are ready to respond when our colleagues, counties, and communities need us most.

Educating Ourselves to Educate Our Communities in Financial Tough Times

Track: Financial Health and Capability

Presenter(s): *Michael Elonge, Jesse Ketterman, Dorothy Nuckols, Crystal Terhune*

State: MD

Educating Ourselves to Educate Our Communities in Financial Tough Times, is a financial professional development (train-the-trainer) program with significant community impact for staff working with low/limited income families.

9:00 AM - 9:45 AM

Concurrent Sessions

Reality Day

Innovative Youth Development Programming Award

Track: 4-H and Youth Development

Presenter(s): *Sara Bridgewater, Melissa Stong, Mikayla Neil, Ramon Arancibia, Janine Lemcke, Melody Wikoff, Scott Morrison, Becky Bryant*

State: MO

Reality Day program was implemented at rural school in Missouri utilizing an innovative multi-school approach while focusing on high school students.

NutriPreserve: Cultivating Healthier Habits with Food Preservation

Track: Food and Nutrition

Presenter(s): *Lydia Hoskins*

State: TN

Food preservation allows consumers to enjoy favorite foods year-round. Participants gain confidence to preserve food safely and learn to incorporate preserved foods in meals to aid in sustainable lifestyle change.

EXCITE: Addressing Vaccine Hesitancy among Rural Senior Adults

Track: Health and Well-being

Presenter(s): *Katilin Pander, Chi Catalone, Maria Tejada de Rivero Sawers*

State: PA

An innovative and collaborative project designed to educate senior populations on the risks and benefits of immunizations. Four vaccines are highlighted: influenza, pneumococcal, COVID-19, and respiratory syncytial virus (RSV).

A Successful Team-Based Approach to Extension Education

Track: Financial Health and Capability

Presenter(s): *Catherine Sorenson, Jesse Ketterman, Dorothy Nuckols, Kelly Sipple, Lynn Matava, Lisa McCoy, Suzanne Cooke*

State: MD

This presentation will provide an approach to multi-state team-based Extension work that has resulted in successful, evidence-based programs. The session will outline steps taken from needs assessment to program implementation.

Together: The Need for Human Connection in Extension and the Communities They Serve

Track: Health and Well-being

Presenter(s): *Melanie Dabb, Christina Pay, Eva Timothy, Melanie Dabb, Cindy Jenkins, Jared Hawkins*

State: UT

Explore the health risks of loneliness and learn easily implementable interventions for your programming that can spark hope for social connection in your Extension efforts.

The Impact of a Farm Tour on Consumer Trust in Food Source Agricultural Practices

Track: Trending Topics

Presenter(s): *Melissa Jean Rupp, Sara Lewis, Kendall D. Lovejoy*

State: OH

Breakfast on the Farm is a one-day educational experience for consumers to encounter food production on a family farm. This collaboration educates and builds understanding between consumers and food producers.

Opportunities for FCS to Support the Health and Wellbeing of Early Care and Education Professionals

Track: Health and Well-being

Presenter(s): *Hope Wilson, Katherine E. Speirs, Rosie Stewart, Margine Bawden, Reason Meyer*

State: AZ

This session reviews the process and highlights findings of a statewide needs assessment conducted by FCS to inform program priorities to support early care and education professionals.

Learning through Play: Creative Approaches to Kindergarten Readiness

Track: Lifespan Development and Family Relationships

Presenter(s): *Christy Stearns, Debbie Messenger*

State: KY

Participants will learn about a variety of both in-person and virtual early learning programs for children and families that support kindergarten readiness.

Finding the FCS Facts in Fiction: Connecting Themes from Novels to Extension Through a Book Club

Track: Education, Leadership, and Diversity

Presenter(s): *Lisa Barlage, Ryan Kline, Jessica Lowe, Misty Harmon, Alisha Barton*

State: OH

Grab a book and join the Buckeye Bookworms Book Club to discover how Educators connected FCS facts to Fiction. Explore how a book club can create community, reduce stress, and more.

10:00 AM - 10:45 AM

Concurrent Sessions

Utah State University Extension Empowering Financial Wellness Program

Financial Management Award in Memory of Dean Don Felker

Track: Financial Management

Presenter(s): *Amanda Christensen, Melanie D. Jewkes, Andrea T. Schmutz, Vincenza Vicari-Bentley, Lauren Olsen, Kelan Combe, Rochelle Allen, Jenny Weller, McKenzie Walsh, Lendel Narine, Ernesto Lopez*

State: UT

The Empowering Financial Wellness Program increased participants savings rates, ability to handle unexpected financial burdens and improved overall personal financial wellness through innovative, creative resource development and delivery methods.

Play Your Way to Stronger Connections by Maximizing Adult-Child Interactions: A Family Resource Centers' Approach

Track: Lifespan Development and Family Relationships

Presenter(s): *Rosie Stewart, Jennifer Argyros, Stephanie Garcis, Bernadette Hernandez*

State: AZ

Uncover practical strategies to prepare families for kindergarten, where adult-child interaction classes replace traditional parent education. Explore the Family Resource Centers' two-generational approach, emphasizing impactful adult-child interaction classes.

Partnering for Health: Middle School Health Classes Connect with SNAP-Ed

Track: Food and Nutrition

Presenter(s): *Tristin Bolton*

State: AR

Success in implementing a nutrition-based curriculum with a new audience of health classes within SNAP-Ed eligible schools.

Empowering Tomorrow's Leaders: Enhancing Extension Career Intentions Through Collaborative Partnerships with Teaching Faculty and Students at Utah University

Track: Education, Leadership, and Diversity

Presenter(s): *Jenna Dyckman, Carrie Durward, Katie Kraus, Jill Henderson*

State: UT

Discover how experiential learning collaborations between Extension and Teaching faculty can enhance Extension impacts while increasing undergraduate and graduate student interest in an Extension career.

Virtual Delivery of a Lifestyle Behavior Education Program Increases the Self-Efficacy of Participants with at Least One Chronic Illness

Track: Health and Well-being

Presenter(s): *Laura Anderson, Dawn Contreras, Christi Demitz, Holly Tired*

State: MI

Chronic diseases present challenges. The need for lifestyle behavior education increased with COVID-19. Virtual delivery of these programs demonstrated significant changes in self-efficacy to manage chronic diseases with lessons learned.

Tips for Teens Video Series

Track: 4-H and Youth Development

Presenter(s): *Lorissa Dunfee, Katie Cole, Jessica Lowe, Ashlee Meardith*

State: OH

Youth sometimes lack the necessary life skills to live independently as a young adulthood. In response to this issue, Extension Educators created the Tips for Teens educational video series.

Fall Prevention Education: The Key to Sustaining Personal Independence and Well-Being

Track: Health and Well-being

Presenter(s): *Susan Conner, Lydia Hoskins*

State: TN

With the ageing population growing, successful fall prevention classes are vital. Learn how to teach and collaborate well with teaching partners to implement successful systematic approaches for county evidence-based programming.

Implementing A Dibble Institute Program: Mind Matters - Overcoming Adversity and Building Resilience

Track: Health and Well-being

Presenter(s): *Karim Martinez, Dianne Christensen, Phillip Alden, Charlene Carr, Augusta Ahlm*

State: NM

To promote mental health, Extension implemented the Mind Matters: Overcoming Adversity and Building Resilience program (Dibble Institute). Come learn how to do the same in your state.

Pilot Program to Expand FCS Extension Programming

Track: Trending Topics

Presenter(s): *Mary Evans, Mindy Meuli*

State: WY

Attendees will leave with a better understanding of an innovative staffing solution within the Family and Consumer Sciences Initiative team. Including the process of implementing the pilot program.

11:00 AM - 11:30 AM

Exhibitor Orientation

This is open to exhibitors only.

11:00 AM - 11:45 PM

Concurrent Sessions

Canning with a Twist

Food Safety Award

Presenter(s): *MaryBeth Hornbeck, Angelica Davis, Victoria Presnal, Rebecca Thomas, Zoe Soltanmammedova, Carla Schwan*

State: GA

Extension Agents conducted 59 home food preservation workshops to teach diverse audiences to safely and confidently can foods, then empowered Extension professionals with best practices to build national capacity.

Our Lives, Our Legacy

Track: Committee (Life Members - all members welcome)

Presenter Names: *Past Presidents, Donna Donald, IA and Christine Kniep, WI*

Ellen Swallow Richards, Margaret Roessler - professionals whose legacies are the backbone of our profession. What did we learn to advance the profession today? What accomplishments should be added to our history? Join a guided discussion on capturing our work, writing the next chapters of our legacy.

Be Prepared When Disaster Strikes (NEAFCS Endowment Grant Recipient)

Track: Environmental Health and Sustainability

Presenter(s): *Kristin Bogdonas*

State: IL

A multidisciplinary team at Illinois Extension helped Illinois residents develop a preparedness mindset. Learn about this NEAFCS Endowment-funded project and how to coordinate disaster preparedness outreach in your state.

Relationships Can Heal: Knowing the Farmer Client

Track: Health and Well-being

Presenter(s): *David Brown, Demi Johnson, Tim Christensen, Brandi Janssen*

State: IA

Relationships Can Heal: Knowing the Farmer Client assists mental health and healthcare providers to understand farm culture and stressors. Content is grounded in developing positive client alliances and cultural humility.

Family and Consumer Sciences is STEM

Track: Trending Topics

Presenter(s): *Gina Peek, Kimberly Williams, Susan Routh*

State: OK

Family and Consumer Sciences is STEM (science, technology, engineering, math). This presentation provides a framework for Family and Consumer Sciences Extension STEM programming that may be used in your state.

An Interdisciplinary Extension Program: Address Health Needs of Alzheimer's and Related Dementia Caregivers

Track: Health and Well-being

Presenter(s): *Dhruti Patel, Mona Habibi, Crystal Terhune, Shauna Henley, Catherine Sorenson, Alex Chan, Jesse Ketterman, Beverly Jackey*

State: MD

This session discusses the framework and outcomes of the Alzheimer's and related dementia caregiver program addressing physical health, food safety practices, financial safety, mental wellbeing, and healthcare education.

Cultivating Inclusion: A Panel Discussion on Strategies and Skills for Effective Facilitation

Track: Education, Leadership, and Diversity

Presenter(s): *Tina Edholm, Brianna Anderson*

State: MO

Join our discussion on challenges in fostering a commitment to diversity curricula, strategies for culturally responsive teaching, skills required for effective facilitation, and resources for developing personal intercultural competency.

Inspire Your Community with the Joy of Laughter

Track: Health and Well-being

Presenter(s): *Roseanne Scammahorn, Susan Zies, Ken Stewart, Misty Harmon, Lorrissa Dunfee*

State: OH

Laughter provides healing! This firsthand workshop is a learning experience focused on the holistic health benefits of incorporating laughter into our lives, no matter our age or profession.

eTraditions and Trends: How can both be safely preserved?

Track: Food and Nutrition

Presenter(s): *Kate Shumaker, Melinda Hill*

State: OH

Is it safe? Accurate? How do you know? Canning began in the mid 1850's, but many changes are needed to ensure safety. Our decade of data shows evaluation is essential.

12:00 PM - 5:00 PM

Exhibit Hall Grand Opening - Boxed Lunch Provided

Silent Auction Open

Showcase of Excellence (Posters Manned 12:30 – 1:30 PM)

Service Project

12:15 PM – 1:30 PM

FCS Program Leaders & NEAFCS Board of Directors Luncheon

12:15 PM - 4:30 PM

Exhibit Forums

1:00 PM – 1:45 PM

Leadership Experience Reception

(invitation only)

1:30 PM – 3:00 PM

National Dining with Diabetes Program

2:15 PM - 4:15 PM

Annual Business Meeting

This meeting is open to all members. Delegates are required to attend.

4:30 PM

State Photos

Location TBD. Sign-up will be available at a later date.

6:30 PM - 8:30 PM

Leadership Event *(Invitation Only)*

This event is offsite. Buses will be provided.

THURSDAY, SEPTEMBER 19, 2024

7:00 AM - 2:00 PM

Registration Open

8:00 AM - 10:00 AM

Exhibit Hall Open

Showcase of Excellence Displays

8:00 AM – 10:00 AM

Exhibit Forums

9:00 AM - 10:00 AM

2025 Annual Session Planning Committee Meeting

10:00 AM – 12:00 PM

Showcase of Excellence and Exhibit Teardown

10:15 AM - 11:00 AM

Concurrent Sessions

UGA Extension EDEN Pre-Conference Educational Excursions

Extension Disaster Education Award

Track: Environmental Health and Sustainability

Presenter(s): *Susan Moore, Pamela Turner, Maria Bowie, Virginia Brown, Allison Eaddy*

State: GA

UGA Extension hosted the 2023 National EDEN Conference and utilized the pre-conference educational excursion to showcase sustainable best practices including coastal resiliency and mitigation strategies to prevent invasive species imports.

An Exploratory Study to Identify the Need and Interest in Consumer Home-Canning of Seafood (NEAFCS Endowment Grant Recipient)

Track: Food & Nutrition

Presenter(s): *Shauna Henley, Carla L. Schwan*

State: MD

Consumers want to preserve; our project explored consumers' interest in canning seafood. Currently, the National Center for Home Food Preservation has limited validated recipes. Survey results will be presented. NEAFCS Endowment-funded project.

The Food as Medicine Initiative: The Power of Partnerships in Creating Community Health

Track: Health and Well-being

Presenter(s): *Rebecca Elliott, Jeremy Rhoden*

State: FL

A task force joined efforts to help individuals with diabetes manage their diabetes and have more access to fresh produce through a community partnership.

The Faith in Prevention Network: A Model of Cooperation and Collaboration to Support Initiatives that Promote Food Security, Health Equity, and Well-Being

Track: Trending Topics

Presenter(s): *Luanne Hughes*

State: NJ

Learn how a Faith in Prevention Network can bring together faith leaders, community organizations, and for-profit entities to identify resources/techniques to support food security, health equity, and well-being

InTuition: An interactive extension program designed to teach youth how to prepare for college and careers.

Track: Financial Health and Capability

Presenter(s): *Luke Erickson, Lance Hansen*

State: ID

This session presents information and impacts from an interactive digital game that helps youth learn how to make effective decisions around careers and education.

Find it at the Pantry: Cooking up Challenging Topics for Youth Development

Track: 4-H and Youth Development

Presenter(s): *Ryan Kline, Lisa Barlage, Jessica Lowe*

State: OH

From community to in-school outreach, learn how county educators increased awareness and knowledge of food insecurity, developed hands-on cooking skills, and built leadership across the lifespan through pantry cooking challenges.

Opioid Overdose Response Training for Service Industry Employees

Track: Health and Well-being

Presenter(s): *Gabriela Murza, Aaron Hunt*

State: UT

We developed and implemented an opioid overdose prevention training for service industry workers to improve ability to identify signs of opioid overdose and administer naloxone, an opioid overdose reversal medication.

Coping with the Pressures of Farming through the Family Farm Health and Wellness Program

Track: Health and Well-being

Presenter(s): *Janet Fox, Carla Bush, Joel Clark, Karen Franck*

State: TN

Farmers and their families face diverse stressors including economic, weather-related, extreme work conditions, and excessive workloads. The Farm Family Health and Wellness Program addresses these unique health challenges through education.

Mentoring success through the lens of self-efficacy

Track: Education, Leadership, and Diversity

Presenter(s): *Lisa McCoy*

State: MD

This session shares results of a research study that focused on understanding the effectiveness of a mentoring program through the lens of self-efficacy and shares tools to measure mentor effectiveness.

A Trauma Informed Approach with Children: Implementing Trauma Sensitive Strategies in Family and Consumer Sciences Programming

Track: Lifespan Development and Family Relationships

Presenter(s): *Heather Reister, Marie Economos, Sandra Slater*

State: OH

Educating from a trauma informed approach is an effective tool in balancing the scales for adverse childhood experience. Let's explore current research, moving the fulcrum toward increased childhood trauma awareness.

11:00 AM – 12:00 PM

Silent Auction Winners Announced & Pick-Up

11:15 AM – 12:00 PM

Concurrent Session

Estate Planning in the Ozarks

Financial Management Award in Memory of Dean Don Felker

Track: Financial Management

Presenter(s): *Torrie Smith, Billie Collins, Monty Rexwinkle, Brian See, Megan Wells, Laura Hendrix*

State: AR

There are two promises in life; death and taxes. The Carroll County and Marion County offices decided to help prepare their community members for the first guarantee, death, by holding workshops on Estate Planning.

Under ONE Sky: Ohio Alliance for People-Centered Sciences (*NEAFCS Endowment Grant Recipient*)

Track: Endowment Session

Presenter(s): *Margaret Jenkins*

State: OH

Come engage in dialogue as Ohio shares its' three-year Plan of Work building a statewide FCS Alliance. Goals include recruit, prepare, and support FCS professionals by embracing/activating Ohio's people-centered network. NEAFCS Endowment-funded project.

SLEEP: A Program for Adults with Self-reported Sleep Difficulties

Track: Health and Well-being

Presenter(s): *Christi Demitz, Laura Anderson, Dawn Contreras, Holly Tired*

State: MI

Sleep Education for Everyone Program (SLEEP) is an evidence-based program that addresses common sleep difficulties in adults with proven strategies for getting a better night's sleep.

Walking into County and University Objectives for Extension Success

Track: Health and Well-being

Presenter(s): *Chris Zellers*

State: NJ

This presentation will highlight how walking trails, a guidebook and survey about the built environment provided an FCS Agent with data and connections to meet both county and university objectives.

A Shot of Prevention is Worth a Pound of Cure

Track: Health and Well-being

Presenter(s): *Katherine Jury, Joann Lianekhammy, Mindy McCulley*

State: KY

Addressing Covid vaccine hesitancy in older rural adults, utilizing the context of generalized adult vaccine education; EXCITE grant funded.

52 Ways to Climate-proof Your Finances

Track: Environmental Health and Sustainability

Presenter(s): *Jenny Abel, Sara Croymans, Erica Tobe, Lorna Saboe-Wounded Head, Christopher Sneed, Elizabeth Kiss, Kelly Sipple, Portia Johnson, Laura Hendrix*

State: WI

Climate change, extreme weather events, and natural disasters are affecting finances across the country. 52 Ways to Climate-Proof Your Finances provides tools and strategies to protect residents' financial assets.

Documenting and Sharing FCS Success Stories

Track: Trending Topics

Presenter(s): *Kim Chaney-Bay, Karen Franck*

State: TN

This presentation will examine best practices and effective methods for collecting, writing, and sharing program successes. Participants will gain ideas and resources for highlighting successes in their own FCS programs.

Meet Your HIRO: An Emergency Preparedness and Financial Organization Tool

Track: Financial Health and Capability

Presenter(s): *Melanie Jewkes, Andrea Schmutz, Amanda Christensen, Melanie Dabb*

State: UT

The HIRO offers a new multi-faceted resource guiding participants in organizing documents and records for emergencies. Evaluation results demonstrate positive impacts, supporting financial literacy and preparedness.

Cultivating Well Being: FARMacy - A Youth-Centered Approach to Preventing Childhood Type 2 Diabetes

Track: 4-H and Youth Development

Presenter(s): *Debbie Curley, Leza Carter, Elizabeth Sparks*

State: AZ

The FARMacy program is an innovative diabetes prevention initiative for 4-H youth and their families developed through collaboration between an FCHS Program, College of Medicine and Federally Qualified Health Center.

Bridging Theory and Practice: Using Action Research in Family and Consumer Sciences

Track: Skill-based

Presenter(s): *Rebecca Hardeman*

State: GA

This interactive workshop explores how action research bridges theory and practice in Family and Consumer Science education. Action research can address challenges and foster continuous improvement and innovation.

12:00 PM – 2:00 PM

Past Presidents Luncheon

12:15 PM – 2:15 PM

NEAFCS National Post-Board Meeting

2:30 PM - 3:30 PM

Committee Meetings (*Open to all members*)

5:00 PM – 6:00 PM

President's Reception

This event is open to all full registered attendees.

6:00 PM - 8:00 PM

Closing Awards Banquet

This event is open to all full registered attendees and anyone who purchases a Closing Banquet Ticket.

Dinner will be provided.